

Wednesday, May 20

13:30 - 16:00

Sala Cassiopea 1

>>> Pre-Conference Advanced Course

Whole Lotta Heart: Empowering Cardiovascular Prevention in PWH

The pre-conference course "Whole Lotta Heart: Empowering Cardiovascular Prevention in People with HIV" aims to raise awareness among clinicians and the community, translating scientific evidence into practical action. The session will open with the most relevant findings from the REPRIEVE trial, a landmark study that is transforming our understanding of cardiovascular prevention in HIV. The following presentation will focus on cardiovascular risk assessment in daily practice, with attention to algorithms, the role of antiretroviral therapy, and imaging techniques. The next part will explore barriers to lifestyle change and statin acceptance, integrating the perspectives of both healthcare professionals and community representatives. The final talk will highlight the importance of psychological support and integrated care to make prevention strategies effective and sustainable. The session will be highly interactive. During each presentation, speakers will engage the audience with targeted questions, case-based discussions, and short opinion polls to stimulate participation and reflection. Community representatives will be actively involved in the dialogue, bringing the patient perspective and promoting a more inclusive discussion on prevention strategies. This format aims to create a dynamic learning environment and to encourage collaboration between clinicians, researchers, and the HIV community. Through this exchange of evidence, experience, and perspective, the course will provide participants with updated knowledge and practical tools to improve cardiovascular prevention in people with HIV and to foster empowerment for both patients and healthcare providers.

Chairs: Giuseppina Giupponi (Como), Jovana Milic (Modena)

13.30 - 13.35 Introduction of the course

*Giuseppina Giupponi, Como
Jovana Milic, Modena*

13.35 - 13.55 Here Comes the REPRIEVE: A New Era for Cardiovascular Health in PWH

Paolo Maggi, Enna

13.55 - 14.05 Discussion

14.05 - 14.25 More Than Numbers: CV Risk Algorithms, Role of ART, and Imaging in Cardiovascular Risk Assessment in PWH

Marianna Menozzi, Modena

14.25 - 14.35 Discussion

14.35 - 15.05 From Knowing to Understanding: Overcoming Barriers to Lifestyle Change and Statin Hesitancy in HIV

Physician's perspective

Giuseppe Vittorio Luigi De Socio, Perugia

Community perspective

Giuseppina Giupponi, Como

15.05 - 15.15 Discussion

15.15 - 15.45 Facing Change Together: Psychological Support and Integrated Care for Cardiovascular Prevention in HIV

Expert's perspective (psychologist)

Sabrina Penon, Milano



Italian Conference
on AIDS and Antiviral
Research

Presidenza del Congresso
Paolo Maggi, Enna
Giuseppe Nunnari, Catania
Ilaria Pennini, Padova
Carlo Federico Perno, Roma

CATANIA 2026
20|22 maggio Sheraton Hotel
Catania Four Points

Embrace
Treatment

Empower
Prevention

Advance
Innovation

www.icar2026.com

Expert's and community perspective (psychologist)

Annalisa Perziano, Torino

15.45 - 16.00 Discussion and final remarks

Giuseppina Giupponi, Como
Jovana Milic, Modena