



Clinical Seminar

From fetus to newborn: challenges in perinatology



Turin, Italy

Date: 20 – 22 May 2026

Objectives

IPOKRATES seminars provide high-quality postgraduate education, enabling professionals to remain abreast of the most recent developments and to discuss clinical problems and scientific issues directly with international experts.

The distinctive feature of this seminar is to bring together gynecologists and neonatologists and explore perinatal issues through a multidisciplinary approach.

Main objectives of the seminar are:

- to address controversies related to management of high risk pregnancies and critically ill newborns in the first weeks of life, including delivery room care, respiratory support, infection control, hemodynamics, nutrition and neuroprotection.
- to explore the topic of extremely preterm infants at the limit of viability, focusing on both clinical management and family counseling.

Lecturers

Giuseppe Annoni, MD

Head of the Pediatric Hemodynamics Laboratory and Adult Congenital Heart Disease Unit, Pediatric Cardiology Regina Margherita Children's Hospital A.O.U. Città della Salute e della Scienza of Turin, Turin, Italy

Kathleen G. Brennan, MD

Assistant Professor of Pediatrics at CUMC Associate Clerkship Director, Pediatric Medical Student Education Associate Program Director, Neonatal Perinatal Medicine Fellowship Columbia University Medical Center New York Presbyterian Hospital – Children's Hospital of New York, New York, USA

Monica Fumagalli, MD

Professor of Pediatrics NICU Fondazione IRCCS Ca' Granda Ospedale Maggiore Policlinico University of Milan, Department of Clinical Sciences and Community Health, Milan, Italy

Information/Registration

IPOKRATES Head Office

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www.ipokrates.info

Participation Fees

Costs for overnight accommodation and meals are not included

Single person

before **March 25, 2026**

€ 350,-

after **March 25, 2026**

€ 400,-

The Number of Participants is limited to 70

Please Note:

Only registered participants, NO on site registration! Please register via Internet:

www.ipokrates.info

Host

D.ssa Caterina Carbonara (MD, PhD) and Dott. Emmanuele Mastretta (MD, PhD)

S. C. Neonatology and Neonatal Intensive Care Unit

Sant'Anna Obstetrics and Gynecology Hospital

A.O.U. Città della Salute e della Scienza, Turin, Italy

Program Design

M. Francesca Campagnoli, MD, PhD, Turin, Italy

Target Audience

Neonatologists and Neonatal Intensivists, Pediatricians, Neonatal Fellows and Trainees, Gynecologists, Obstetrics, Nurses working in NICUs

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Satyanarayana Lakshminrusimha, MD FAAP	Dennis and Nancy Marks Chair, Professor and Chair, Department of Pediatrics, Pediatrician-in-Chief, UC Davis Children's Hospital, Sacramento CA, USA Executive Associate Dean, UC Davis School of Medicine, Sacramento CA, USA
Josef Neu MD, Professor	Co-Director Neonatal-Perinatal Medicine Fellowship Program Division of Neonatology, Department of Pediatrics, College of Medicine University of Florida, Gainesville FL, USA
Richard Polin, MD	New York-Presbyterian Children's Hospital-Columbia and Cornell Columbia University Department Pediatrics, New York NY, USA
George Saade, MD	Professor and Chair of Obstetrics and Gynecology and the Associate Dean for Women's Health, VHS-Eastern Virginia Medical School, Norfolk VA, USA
Richard Sindelar, MD PhD	Professor of Neonatology, Senior Consultant in Neonatology Department of Women's and Children's Health Uppsala University Children's Hospital, Uppsala, Sweden

Program

Wednesday, 20 May 2026

08.50 - 09.10	Welcome
09.10 - 09.50	Preterm labor: maternal management <i>George Saade</i>
09.50 - 10.50	Controversies in resuscitation: Oxygen, Meconium and Epinephrine <i>Satyan Lakshminrusimha</i>
10.50 - 11.05	Discussions
11.05 - 11.25	Coffee Break
11.25 - 12.05	Preterm labor: fetal management <i>George Saade</i>
12.05 - 13.05	Individualized, dynamic nutrition for preterm infants <i>Josef Neu</i>
13.05 - 13.20	Discussions
13.20 - 14.40	Lunch
14.40 - 15.40	Life in the NICU without antibiotics: making healthier babies <i>Richard Polin</i>
15.40 - 16.30	Shifting the paradigm of "Necrotizing enterocolitis": is it necessary? <i>Josef Neu</i>
16.30 - 17.15	The Swedish experience on the management of babies Born 22 to 23 weeks - background and practice <i>Richard Sindelar</i>
17.15 - 17.30	Discussions
17.30	Conclusion



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Program

Thursday, 21 May 2026

- 08.30 - 09.20** Perivable period from the obstetrical perspective
George Saade
- 09.20 - 10.10** Nutrition for perivable infants: what makes them special?
Josef Neu
- 10.10 - 10.35** Tools and strategies for a successful extubation
Richard Sindelar
- 10.35 - 10.50** Discussions
- 10.50 - 11.10** Coffee Break
- 11.10 - 12.10** Can we improve clinical outcomes by closing a PDA?
Richard Polin, Richard Sindelar
- 12.10 - 12.40** Percutaneous closure of PDA
Giuseppe A. Annoni
- 12.40 - 12.55** Discussions
- 12.55 - 14.15** Lunch
- 14.15 - 15.05** Counseling for families at risk of delivery at perivable gestation (online lecture)
Kathleen G. Brennan
- 15.05 - 15.15** Discussions
- 15.15 - 16.15** Preemies are not small term infants: management of Pulmonary Hypertension in preterm and term neonates
Satyan Lakshminrusimha
- 16.15 - 17.05** Strategies for prevention of BPD
Richard Polin
- 17.05 - 17.20** Discussions
- 17.20** Conclusion

Friday, 22 May 2026

- 08.30 - 09.30** Long term risks for women who have pregnancy complications
George Saade
- 09.30 - 10.30** Cord management: The Rise of Fetal Hemoglobin
Satyan Lakshminrusimha
- 10.30 - 10.45** Discussions
- 10.45 - 11.05** Coffee Break
- 11.05 - 11.50** Optimizing ventilatory strategies in extremely preterm infants
Richard Sindelar
- 11.50 - 12.50** Neuroprotective strategies and IVH prevention in preterm newborn
Monica Fumagalli
- 12.50 - 13.15** Discussions
- 13.15** Conclusions and farewell



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