

First aid and emergency medicine on board cruise ships – 2026 edition **1 aprile – 31 dicembre 2026**

RAZIONALE:

The need to improve the quality of on-board medical services, both for passengers and crew members, led the medical department to carry out a training process aimed at:

- manage most of the diseases that occur on cruise ships with a view to "emergency medicine and first aid" in which the doctor/s and their teams intervene appropriately in the evaluation and subsequent management of patients referred to on-board hospitals
- use first aid strategies characterized by an initial triage, visit, use of instrumental and blood chemistry examinations, treatment, observation/discharge/landing in an appropriate facility
- adopt uniform behavioral strategies in accordance with the guidelines on the various pathologies and according to the principles of best practice
- be able to manage independently/in team the main emergencies with the aim of stabilizing patients until disembarkation in the most appropriate port on the basis of local health resources
- provide regulatory and legislative knowledge necessary for the correct administrative management of cases

Responsabile Scientifico: Prof. Andrea Ungar, Professore Ordinario Medicina Interna e Geriatria, Direttore Geriatria – UTIG, Università di Firenze

Obiettivo Formativo: 1 - APPLICAZIONE NELLA PRATICA QUOTIDIANA DEI PRINCIPI E DELLE PROCEDURE DELL'EVIDENCE BASED PRACTICE (EBM - EBN - EBP)

Ore Formative: 50

Partecipanti Accreditati: 400

Destinatari dell'iniziativa:

Medico Chirurgo – Tutte le discipline

Infermiere

PROGRAMMA

Il materiale didattico, costituito da documenti in formato pdf scaricabili, sarà disponibile nel periodo 1 aprile – 31 dicembre 2026 sulla piattaforma di formazione.

Gli iscritti riceveranno dalla Segreteria Organizzativa le informazioni necessarie per l'accesso, la consultazione e la valutazione relativa all'evento ECM. L'assistenza tecnica sarà garantita tramite mail. La verifica di apprendimento sarà fatta on line con un questionario a risposte multiple, con sistema a doppia randomizzazione. La procedura di verifica della qualità percepita sarà on line.

MODULI FORMATIVI

1. Delirium
Andrea Ungar

2. Syncope

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3. Pneumonia
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4. Mild cognitive impairment and dementia
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5. Heart failure
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6. Atrial fibrillation
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7. Advanced life support
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8. Falls and Frailty
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9. Epilepsy
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10. Pulmonary embolism
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11. Chronic Kidney Disease
Andrea Ungar
12. Blood pressure elevation and Hypertensive crisis
Andrea Ungar
13. Sepsis
Andrea Ungar
14. Stroke / Cerebrovascular Accidents
Andrea Ungar

FACULTY

NOME	COGNOME	DISCIPLINA	SPECIALIZZAZIONE	AFFILIAZIONE
ANDREA	UNGAR	MEDICO CHIRURGO	GERIATRIA, CARDIOLOGIA	Professore Ordinario Medicina Interna e Geriatria, Direttore Geriatria – UTIG, Università di Firenze

CURRICULUM VITAE

ANDREA UNGAR, MD, PhD, FESC



Date of birth: November 22nd, 1967
Place of birth: Florence, Italy
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EDUCATION/TRAINING

INSTITUTION AND LOCATION	DEGREE	YEAR CONFERRED	FIELD OF STUDY
University of Florence, School of Medicine, Florence, Italy	M.D. (Magna cum Laude)	1992	Geriatric Medicine
University of Florence, School of Medicine, Florence, Italy	Fellowship	1996	Geriatrics
University of Florence, School of Medicine, Florence, Italy	Fellowship	2000	Cardiology
University of Florence, School of Medicine, Florence, Italy	PhD	2003	Clinical Physiopathology of Aging
Associated Professor of Internal Medicine and Geriatrics		2017	Cardiology and Geriatric Medicine
Full Professor of Internal Medicine and Geriatrics		2021	Cardiology and Geriatric Medicine

RESEARCH AND PROFESSIONAL EXPERIENCE

January 1991-August 1994:	Clinical training in Internal Medicine at the Geriatric Medicine and Rehabilitation Unit, AOC (Azienda Ospedaliera Careggi) Florence, Italy.
August 1994-May 2017:	Attending physician at the Intensive Care Unit and Post-Intensive Care, Department of Critical Care Medicine and Surgery, Geriatric Medicine Unit, University of Florence, School of Medicine, Careggi Hospital, Florence, Italy.
Since 1994:	Director of the Hypertension Clinic (Regional Center of Excellence for Treatment of Hypertension in the Elderly), Department of Critical Care Medicine and Surgery, Geriatric Medicine Unit, Careggi Hospital. Referee for numerous Multicenter Clinical Trials of anti-hypertensive agents conducted at the Hypertension Clinic.
Since 1998:	Chief of the "Study Group on Syncope in the Elderly" for the Italian Geriatric Society.
Since 1998:	Assistant Professor of Geriatric Medicine at the School of Geriatric Medicine, University of Florence, School of Medicine, Florence, Italy.
Since 2000:	Professor of Geriatric Medicine at the School of Dietician, University of Florence.
Since 2001:	Professor of Geriatric Medicine at the School of Nurse, University of Florence.
Since 2002:	Founder and Coordinator of the "Iper-CARE" (Hypertension Centers of Careggi Hospital), Florence.

Since 2002:	Founder and from 2017 President of the "Gruppo Italiano Multidisciplinare sulla sincope (GIMSI).
Since 2003:	Member of the Task Force for the European Society of Cardiology Guidelines on Syncope
Since 2005:	Director of the Syncope and Fall Unit, Department of Critical Care Medicine and Surgery, Geriatric Medicine Unit, Careggi Hospital.
Since 2008:	Professor of Internal Medicine at University of Florence.
Since 2010:	Fellow European Society of Cardiology
Since 2011:	Director of "Orthogeriatric Project", Careggi Hospital, Florence.
Since 2012:	Chief of European Interest Group on TAVI of EUGMS and
Since 2013:	Qualified Professor of Internal Medicine and Geriatrics
Since 2017	Associated Professor and Chief of the Unit of Geriatric and Intensive Care Medicine, Careggi Hospital, University of Florence
Since 2017	Member of Scientific Committee of Montedomini Foundation, Florence
Since 2019	Qualified Full Professor of Internal Medicine and Geriatrics
Since 2021	Full Professor of Internal Medicine and Geriatrics, University of Florence
Since 2023	Director Post-graduate School of Geriatrics, University of Florence
Since 2024	Director School of Physiotherapists, University of Florence

RESEARCH ACTIVITY

Principal Interest

- Pathophysiological and clinical aspects of hypertension in the elderly.
- Pathophysiology of the aging kidney.
- Clinical aspects of syncope and falls in the elderly.
- Cardiovascular diseases in the elderly
- Social aspects of aging. Ageism

Activity

- Member Steering Committee EGSys2 (Evaluation of Guidelines in Syncope Study 2)
- Member Steering Committee Syncope Unit Project (SUP) study
- Member Steering committee INSIGHT-XT european registry
- Member Coordinating Committee Syncope Unit Project – study
- Principal Investigator e SYD (SYncope in patients with Dementia) of Italian Society of Geriatrics
- Principal Investigator CGA-TAVI study, of European Union Geriatric Medicine Society (EUGMS)
- Member Steering Committee "Stop vasodepressor drugs in reflex syncope: a randomised controlled trial (STOP-VD)",
- Principal Investigator "Overlap between Epilepsy and SYncope Study (OESYS), of Italian Society of Geriatrics

- Member of the European Union Structural Heart Disease Coalition
- Member Board of Director "Ordine dei medici di Firenze"

Academic Society

- European Society of Cardiology (ESC): fellow and member of the task force for guidelines on syncope since 2004
- European Union Medicine Geriatric Medicine Society (EUGMS): coordinator of Special Interest Group on Cardiovascular Disease In the elderly and member of the Statement with European Society of Hypertension on treatment of hypertension in the elderly
- Società Italiana di Gerontologia e Geriatria (SIGG): President (2023-2024). Part President 2025
- Società Italiana di Neurogeriatria (SINEG): Past-President
- Gruppo Italiano Multidisciplinare per lo studio della Sincope (GIMSI): President
- Associazione Italiana Aritmologia e Cardioritmo: member
- Società Italiana Ipertensione Arteriosa: member
- Veteris, Italian Association Geriatrics and Veterinarian for Assisted Intervention with animals in Aging (President)

Member of several National and International Research Board and Reviewer of several Journals in these fields.

Scientific Activities

Author of more than 450 publication (557 cited on google scholar, 310 cited on Pub Med, 330 cited on scopus); H-index google scholar 54, i10-index Google scholar 98; H Index Scopus 46).

Total citations 21181 on Google Scholar, 13906 on scopus.

Il presente CV è sottoscritto ai sensi dell'Art. 46 e 76 del DPR 445/2000 e si autorizza al trattamento dei dati personali ai sensi del GDPR Reg. EU 2016/679" 2016/679

Prof.  Ungar

Florence, 6 February, 2026