



DUECI PROMOTION s.r.l.

Sede legale e uffici

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P.IVA – Codice Fiscale

01796411203

Capitale Sociale i.v. Euro

65.000,00



Società con Sistema Gestione
Qualità ISO 9001:2015
by Kiwa Cermet Italia
REG. N° 6113-A

TITOLO DELL'EVENTO: INVESTING IN THE FUTURE | 7th SEA-IEM, South European Academy - Nutrition Education of IEM

DATA: 18 Maggio 2026 – 17 Maggio 2027

LUOGO DELL'EVENTO: <https://www.fad-duecipromotion.com/>

ACCREDITAMENTO

ECM

OBBIETTIVO FORMATIVO Linee guida – protocolli - procedure

DURATA DELL'EVENTO 4 ore

TIPOLOGIA EVENTO FAD

CREDITI FORMATIVI

ID ECM 1463-

EACCME

INVESTING IN THE FUTURE | 7th SEA-IEM, South European Academy - Nutrition Education of IEM applied for CME accreditation

RESPONSABILE SCIENTIFICO

Burlina Alberto

Professor of Pediatrics

Director Division of Inherited Metabolic Diseases

Reference Centre Expanded Newborn Screening

University Hospital Padova, Italy

BOARD SCIENTIFICO

Burlina Alberto

Professor of Pediatrics

Director Division of Inherited Metabolic Diseases

Reference Centre Expanded Newborn Screening

University Hospital Padova, Italy

Alvaro Hermida

Full Professor of Medicine Department, University of Santiago de Compostela

Superior Center of Reference Unit (CSUR) Statewide to the Diagnosis and Treatment of Congenital Metabolic Diseases Unit of the University Clinical Hospital of Santiago.

Ministry of Health, Social Services and Equality

Santiago de Compostela, Spain

Macdonald Anita

Birmingham Children's Hospital

Birmingham, UK

Rocha Júlio César

NOVA Medical School, Faculdade de Ciências Médicas, NMS, FCM,
Universidade NOVA de Lisboa



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CINTESIS@RISE, NOVA Medical School, Faculdade de Ciências Médicas, NMS, FCM, Universidade NOVA de Lisboa

Reference Centre of Inherited Metabolic Diseases, Centro Hospitalar Universitario de Lisboa Central Lisboa, Portugal

RAZIONALE SCIENTIFICO

The clinical management of inherited metabolic disorders (IEMs) requires ongoing updates in knowledge and competencies due to the expanding evidence base, the introduction of novel nutritional and pharmacological interventions, and the increasing complexity of long-term patient care. In continuity with previous editions of the South European Academy, the 7th SEA-IEM educational program has been designed to address current professional practice gaps and support the continuous professional development of clinicians and dietitians involved in the care of individuals with IEMs. This program aims to deepen participants' understanding of nutrition in IEMs covering topics from maternal and infant nutrition, management of overweight and obesity, nutritional approaches in emergency situations, and emerging field of home PKU monitoring methodologies, as outlined in the scientific program.

Through state-of-the-art lectures, debates, Q&A sessions and practical sessions, the course offers an opportunity to critically appraise new evidence, strengthen nutritional management across clinical contexts and life stages, and continue to share enriching experiences from daily practice.

Particular emphasis will be placed on refining nutritional strategies, integrating dietary management with pharmacological treatments, understanding the implications of metabolic control over time, and optimizing patient outcomes through individualized management plans. The SEA-IEM Lab sessions will foster collaborative learning, allowing participants to apply theoretical concepts to real-world clinical scenarios. The inclusion of selected oral presentations further supports the exchange of clinical experience and contributes to the dissemination of emerging knowledge within the field.

Overall, this CME activity is intended to strengthen participants' competencies in evidence-based decision making, interdisciplinary collaboration, and patient-centered management of IEMs, ensuring alignment with evolving standards of care and improving the quality of services delivered to metabolic patients.

PROGRAMMA

Module 1

Greetings and conference presentation

A. Burlina, A. Pession

Opening Lecture

Use of protein substitutes in drug therapy in PKU

A. MacDonald

Module 2: MATERNAL AND INFANT NUTRITION

Chair: A. MacDonald

Pregnancy in PKU – nutritional aspects

S. Beblo



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Human milk feeding in PKU vs other IEMs

F. Ilgaz

Impact of early nutrition management in infants in PKU vs other IEMs

J.C. Rocha

PKU in Italy: data from a National Survey

C. Cazzorla

Module 3: MANAGEMENT OF OVERWEIGHT AND OBESITY

Chair: A. Hermida

Preventing overweight and obesity in pediatric IEMs

J.C. Rocha

Managing overweight and obesity in adult IEMs

A. Hermida

Debate

Managing weight: role of protein substitutes and drugs

A. Hermida, A. MacDonald, J.C. Rocha

Module 4: MONITORING OF PKU

Chair: A. MacDonald

Different monitoring methodologies

A. Burlina

Test frequency and home Phe monitoring

A. Pinto

Module 5: EMERGENCY MANAGEMENT

Chair: A. Burlina

Nutritional management of the emergencies across IEMs and different age

E. Petropoulou

Importance of refeeding after decompensation in pediatric age

A. Bélanger Quintana

Importance of refeeding after decompensation in adults

L. M. Luengo



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Pros and Cons | Emergency Nutrition in IEMs: The Dos and Don'ts

A. Hermida (cons), A. Pinto (pros)

Take home messages

All chairs

CME Questionnaire

ACRONIMI

PKU	Phenylketonuria
IEMs	Inborn Errors of Metabolism
Phe	Fenilalanina

QUOTA DI ISCRIZIONE: Gratuita

SEGRETERIA ORGANIZZATIVA E PROVIDER ECM

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