



MEETING

Future Leaders in Cardiology: Career Development & Progression Summit

Giardini Naxos (ME), 1/3 October 2026

Delta Hotel

SCIENTIFIC RATIONALE

With an aging population, increasing metabolic disease burden, new technologies and evolving healthcare delivery models, the next generation of Italian cardiologists must develop leadership competencies that extend far beyond traditional clinical expertise. This meeting addresses the urgent need to cultivate multifaceted leaders capable of navigating Italy's complex healthcare landscape while maintaining our nation's renowned excellence in cardiovascular care.

The programme recognizes that effective cardiovascular leadership requires sophisticated competencies across multiple domains: clinical excellence, research innovation, healthcare policy understanding, and organizational management. The curriculum explores diverse career pathways—from academic medicine to healthcare administration—while developing essential skills including strategic thinking, effective communication, team leadership, and change management.

Italian cardiology has contributed significant breakthroughs to global cardiovascular medicine. This meeting emphasizes maintaining this tradition while adapting to contemporary paradigms including precision medicine, artificial intelligence applications, and digital health integration. Participants will explore strategies for research funding, collaborative networks, and translating discoveries into clinical practice improvements.

A cornerstone of the present programme is establishing meaningful mentorship relationships and peer networks within the Italian cardiovascular community. Through structured interactions and networking opportunities, emerging leaders will build connections that facilitate career advancement and research collaborations—crucial elements in Italy's collaborative healthcare environment.

The programme addresses work-life integration strategies particularly relevant to Italian professional culture, where maintaining excellence while preserving personal well-being and family relationships is highly valued. Participants will explore practical approaches for managing career demands while avoiding burnout and maintaining personal fulfillment.

Italy's healthcare system operates within complex national, regional, and European policy frameworks. Emerging leaders must understand these environments and develop advocacy skills to influence healthcare improvements. The programme explores how cardiovascular professionals can effectively engage in policy discussions and advocate for patients and the profession.

This meeting will equip participants with enhanced leadership competencies, expanded professional networks, and clear career advancement strategies. More importantly, attendees will be prepared to address complex healthcare challenges while advancing the innovation and excellence that characterize Italian cardiovascular medicine.



The development of these emerging leaders represents an investment in Italy's cardiovascular future, ensuring the next generation possesses the vision and skills necessary to drive scientific innovation, lead healthcare transformation, and ultimately improve patient outcomes.

SCIENTIFIC DIRECTORS

Giuseppe Rosano (London, UK)

Maurizio Volterrani (Roma, IT)

SCIENTIFIC PROGRAMME

DAY 1 – 1 October 2026

13:00 - 14:00 Registration

14:00 - 14:15 Opening and Meeting Objectives

M. Volterrani (Roma, IT), G. Rosano (London, UK)

14:15 - 14:30 Keynote Address "Mapping Your Career Journey: From Resident to Leader"

R. Ferrari (Ferrara, IT)

SESSION I - FOUNDATIONS OF CAREER DEVELOPMENT

Chairpersons: M. Volterrani (Roma, Italy) - G. Rosano (London, UK)

14:30-15:00 Academic vs. Clinical Career Pathways: Making the Right Choice

E. Barbato (Roma, IT)

15:00 – 15:15 Building Your Professional Brand and Digital Presence

Stephen Gaisford (Guildford, UK)

15:15 – 15:30 The Power of Mentorship: Finding and Being a Mentor

Alexandre Mebazaa (France)

15:30 - 15:45 Panel Discussion: "Navigating Early Career Decisions"

15:45- 16:05 **Update Lecture:** Cardio-Renal-Metabolic Syndrome

M. Volterrani (Roma, Italy)

16:05-16:20 *Coffee break*

16:20- 16:40 **Update Lecture:** Heart Failure



G.L. Savarese (Stocholm, SE)

SESSION II - ADVANCED CAREER PROGRESSION STRATEGIES

Chairpersons: R Ferrari (Ferrara, IT), Fausto Pinto (PT)

16:40- 16:55 Strategic Networking: Building Meaningful Professional Relationships

A. Coats (Melbourne, AUS)

16:55- 17:10 Developing Leadership Skills for Career Advancement

J Al Ali (Dubai, UAE)

17:10- 17:25 Personal Branding and Thought Leadership in Cardiology

G. Rosano (London, UK)

17:25-17:40 Transitioning Between Career Stages: Lessons Learned

G.L. Savarese (Stocholm, SE)

17:40- 17:55 Interactive Workshop: "Creating Your 5-Year Career Plan" All Speakers

17:55-18:30 Panel Discussion

DAY 2 – 2 October 2026

SESSION III - SPECIALIZED CAREER TRACKS

Chairpersons: : R Ferrari (Ferrara, IT), Fausto Pinto (PT)

09:00-09:15 Research Career Development: From Bench to Bedside

R Ferrari (Ferrara, IT)

09:15-09:30 Industry Careers: Opportunities Beyond Traditional Practice

F. Dorigotti (London, UK)

09:30-09:45 Entrepreneurship in Healthcare: Starting Your Own Venture

Thomas Thum (Hannover, Germany)

09:45-10:00 International Career Opportunities and Global Mobility

G. Rosano (London, UK)

10:00-10:15 Panel Discussion: "Alternative Career Paths in Cardiology" facilitator (*Matteo Papi, Italy*)

10:15-10:30 Coffee Break



SESSION IV - LEADERSHIP AND CAREER ACCELERATION

Chairpersons: O. Chioncel (Bucharest, RO) – Petar Seferovic (Belgrade, Serbia)

10:30-10:45 Effective Communication for Career Success

Stephen Gaisford (Guildford, UK)

10:45-11:00 Negotiation Skills for Career Advancement

G.L. Savarese (Stocholm, SE)

11:00-11:15 Building and Leading High-Performance Teams

Alexandre Mebazaa (France)

11:15-11:30 Managing Career Transitions and Setbacks

Francesco Maisano (Milano)

11:30-11:45 Young Investigator in a Real-Life *Riccardo Maria Inciardi (Brescia)*

11:45- 12:00 Panel Discussion

12:00-12:20 **Update Lecture:** Dyslipidemias, Arterial Hypertension

Kadjia Hafid

12:20 – 13:30 Lunch

13:30- 13:50 **Update Lecture:** Cardiac Amyloidosis

G. Rosano (London, UK)

SESSION V - WORK-LIFE INTEGRATION AND SUSTAINABLE CAREERS

Chairpersons: Ovidiu Chioncel Bucharest (Romania), Cristiana Vitale Londa (UK)

13:50 – 14:05 Creating Sustainable Work-Life Integration

Marianna Adamo (Brescia, IT)

14:05-14:20 Preventing Burnout and finding work-life balance: Strategies for Long-term Career Success

A. Rakisheva (Almaty, KZ)

14:20-14:35 Resilience Building for Healthcare Leaders

Kadjia Hafid

14:35- 14:50 Financial Planning for Medical Careers

A. Coats (Melbourne, AUS)



SESSION VI - FUTURE-PROOFING YOUR CAREER

Chairpersons: G. Rosano (London, UK), R. Ferrari (Ferrara, IT)

14:50-15:05 Embracing Technology and Digital Health in Your Career

Francesco Maisano (Milan, IT)

15:05-15:20 Advocacy and Policy: Shaping Healthcare's Future

Guido Rasi (Roma, IT)

15:20-15:50 The Future of Cardiology: Emerging Opportunities

O Amir (Jerusalem, Israel)

CLOSING SESSION

15:50-17:00 "Your Career Action Plan: Next Steps"

Interactive Closing Workshop Facilitators: All Faculty

DAY 3 – 3 October 2026

09:00- 09:30 How to become Editor-in-Chief (*Marco Metra, Brescia*)

09:30-10:00 How to become trialist (*Stefan Anker, Berlin*)

10:00-10:30 How to chair a Guidelines

10:30- 11:00 Update Lecture: The role of vaccines in cardiovascular health

11:00-12:00 Closing Remarks

ACRONYMS

CV = Curriculum Vitae

GENERAL INFORMATION

DATE AND PLACE

1-3 October 2026



Giardini Naxos
Delta Hotel
Viale Jannuzzo, 47 - 98035 Giardini-Naxos ME

PROVIDER ECM

DYNAMICOM EDUCATION SRL

id 181

MIND DISTRICT – The Hive, H2 - Viale Decumano 36 20157 Milano

elena.nugnes@dynamicom-education.it

Tel. 02 89693750

The event is part of our training plan



ECM (Continuing Medical Education)

The course is included in the list of finalized ECM events in the 2026 training program of the Provider.
In order to obtain continuing education credits, participants must:

- Be specialized exclusively in the disciplines listed in the program
- Attend 90% of the scientific sessions
- Pass the learning assessment
- Submit the completed documentation to the secretariat

Accredited Category: Medical Doctor

Main Disciplines: Cardiology, Geriatrics, General Medicine, Metabolic Diseases and Diabetology, Internal Medicine, Nephrology, Respiratory Diseases, Oncology, Cardiac Surgery, Vascular Surgery, Interventional Cardiology, Infectious Diseases.

Number of Participants: 150

Participants' Origin: National

Educational Objective: No. 3

Total Training Hours: 13

Attendance Verification: signature on register/Badge reading

Verifica di apprendimento: online questionnaire/paper questionnaire/oral test/practical test



FACULTY

COGNOME E NOME	LAUREA	SPECIALIZZAZIONE	AFFILIAZIONE	RUOLO
ROSANO GIUSEPPE MASSIMO CLAUDIO	MEDICINA E CHIRURGIA	CARDIOLOGIA	PROFESSORE E RESPONSABILE CENTRO RICERCHE IRCCS E UNIVERSITA' SAN RAFFAELE ROMA E PROF. S. GEORGE UNIVERSITY LONDON	RESPONSABILE SCIENTIFICO MODERATORE RELATORE
VOLTERRANI MAURIZIO	MEDICINA E CHIRURGIA	CARDIOLOGIA	PROFESSORE ORDINARIO E DIRETTORE DIPARTIMENTO DI SCIENZE CARDIOLOGICHE E RESPIRATORIE OSP IRCCS SAN RAFFAELE DI ROMA e UNIVERSITA' TELEMATICA SAN RAFFAELE DI ROMA	RESPONSABILE SCIENTIFICO MODERATORE FACILITATORE RELATORE
ADAMO MARIANNA	MEDICINA E CHIRURGIA	CARDIOLOGIA	PROFESSORE RASSOCIATO UNIVERSITA' BRESCIA E DIRIGENTE MEDICO UO EMODINAMICA E CARDIOLOGIA ASST SPEDALI CIVILI DI BRESCIA	FACILITATORE RELATORE
AL ALI JUWAIIRIA	PHYSICIANS	CARDIOLOGY	PRESIDENT OF EMIRATES CARDIAC SOCIETY CARDIOLOGIST AT RASHID HOSPITAL DUBAI	RELATORE
AMIR OFFER	PHYSICIANS	CARDIOLOGY	PROFESSOR AND DIRECTOR HEART INSTITUTE HADASSAH MEDICAL CENTER JERUSALEM	RELATORE
ANKER STEFAN D.	MEDICINA E CHIRURGIA	CHIRURGIA	PROFESSORE CARDIOLOGIA CHARITE' UNIVERSITY MEDICINE BERLIN	RELATORE FACILITATORE
BARBATO EMANUELE	MEDICINA E CHIRURGIA	CARDIOLOGIA E DOTTORATO FISIOPATOLOGIA CARDIOVASCOLARE	PROFESSORE ORD CARDIOLOGIA UNIVERSITA LA SAPIENZA ROMA E DIRETTORE UOC CARDIOLOGIA AOU S. ANDREA ROMA	RELATORE
CHIONCEL OVIDIU	MEDICINA E CHIRURGIA	CARDIOLOGIA	PROFESSORE DI CARDIOLOGIA E RESPONSABILE ICCU UNIVERSITY OF MEDICINE CAROL DAVILA BUCHAREST ROMANIA	MODERATORE



COATS ANDREW	PHYSICIANS	CARDIOLOGY	PROFESSOR OF CARDIOLOGY AND DIRECTOR HEAT RESEARCH INSTITUTE MELBOURNE AUSTRALIA	RELATORE
FERRARI ROBERTO	MEDICINA E CHIRURGIA	CARDIOLOGIA	PROFESSORE EMERITO UNIVERSITA' FERRARA E OSPEDALE SANT'ANNA DI FERRARA	RELATORE MODERATORE FACILITATORE
GAISFORD STEPHEN	ND	ND	DIRECTOR GUILDFORD CONUSULT HINCKLEY UK	RELATORE
MAISANO FRANCESCO	MEDICINA E CHIRURGIA	CARDIOCHIRURGIA	PROFESSORE ORDINARIO E PRIMARIO UO CARDIOCHIRURGICA E DIRET HEART VALVE CENTER IRCCS OSPEDALE S. RAFFAELE MILANO E UNIVERSITA' VITA SALUTE	RELATORE
MEBAZAA ALEXANDRE	PHYSICIANS	ANESTESIOLOGIA MEDICINA D'URGENZA	PROFESSOR AND PRESIDENT OF DEPARTMENT UNIVERSITE' PARIS CITE' AND HOSPITAL LABOISIERE PARIS	RELATORE
PINTO FAUSTO	PHYSICIANS	CARDIOLOGY	PROFESSORE ORDINARIO CARDIOLOGIA E DIRETTORE DIPAEITIM OSPEDALE UNIVERSITARIO S. MARIA CHULN EPE PORTO PORTOGALLO	RELATORE MODERATORE FACILITATORE
RAKISHEVA AMINA	PHYSICIANS	CARDIOLOGY	HEART FAILUR SPECIALIST CONSULTANT IN CARDIOLOGY DEPARMENT RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL MEDICINE IN ALMATY KAZAKHSTAN	MODERATORE RELATORE
RASI GUIDO	MEDICINA E CHIRURGIA	ALLERGOLOGIA MEDICINA INTERNA	CONSIGLIERE SCIENTIFICO MINISTRO DELLA SALUTE ROMA	RELATORE
SAVARESE GIANLUIGI	MEDICINA E CHIRURGIA	MALATTIE APP CARDIOVASCOLARE E MEDICINA INTERNA	SENIOR RESEARCHER E PROFESSOR OF CARDIOLOGY AND SPECIALIST HEART FAILURE KAROLINSKA INSTITUTET STOCKHOLM SVEZIA	RELATORE
SEFEROVIC PETAR	PHYSICIANS	CARDIOLOGY	PROFESSOR OF MEDICINE UNIVERSITA BELGRADO E CENTRO CLINICO	MODERATORE



			UNIVERSITARIO SERBIA BELGRADO	
THUM THOMAS	PHYSICIANS	CARDIOLOGY AND INTERNAL MEDICINE	PROFESSOR AND DIRECTOR OF INSTITUTE OF MOLECULAR AND TRANSLATIONAL THERAPEUTIC STRATEGIES HANNOVER GERMANY	RELATORE
HAFID KADIJA	MEDICINA E CHIRURGIA	Diabetes and Endocrinology	Consultant Physician at Dubai Academic Health Corporation	RELATORE
INCIARDI RICCARDO MARIA	MEDICINA E CHIRURGIA	CARDIOCHIRURGIA	Assistant Professor and Consultant in Heart Failure and Echocardiography at the Division of Cardiology at the University Hospital of Brescia (Italy)	RELATORE
CRISTIANA VITALE	MEDICINA E CHIRURGIA	CARDIOLOGY AND INTERNAL MEDICINE	Clinical Academic presso il St George's University Hospital, London, UK	RELATORE

Il PROVIDER, ai sensi dall' art. 47 del DPR n.445/2000, consapevole delle conseguenze previste dall'art. 76, dichiara:

- di aver fornito all'interessato l'informativa sul trattamento dei dati personali (art. 13 del Regolamento europeo 2016/679; artt. 68, 70, 76, 96 Accordo Stato-Regioni 2017 "La formazione continua nel settore salute" - Rep. Atti 14/CSR del 2.2.2017 - Par. 4.6, lett. j) Manuale Nazionale di Accreditamento per l'Erogazione di Eventi ECM);
- di aver informato l'interessato che il programma dell'evento ECM, di cui le suddette informazioni contribuiscono a formarne il contenuto minimo, verrà inserito nel catalogo degli eventi E.C.M. tenuto dall'ente accreditante.