

## Webinar

# Inflammation amplified: The impact of obesity on psoriasis pathophysiology and care

**Date: 17/10/2026**

**Time: 13:30 - 14:30**

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### OVERVIEW

Dermatologists across the US and Europe frequently overlook the profound impact of weight on psoriatic disease. This session explores the overlapping immune-mediated pathways connecting psoriasis and obesity, equipping clinicians with the insights needed to systematically address weight, restore biologic efficacy, and lower cardiovascular risks for better patient outcomes.

### LEARNING OBJECTIVES

After attending this educational activity, the learners will be able to:

- Identify shared immune-mediated pathways to improve screening and diagnosis
- Apply effective strategies to guide weight-related discussions with patients with psoriasis and comorbid obesity or overweight
- Incorporate referral pathways and multidisciplinary care

### EDUCATIONAL OBJECTIVE

10. Epidemiology – prevention and health promotion – diagnostics – toxicology, with acquisition of technical-professional knowledge

### TARGET AUDIENCE

Doctors specializing in dermatology

### NUMBER OF PARTICIPANTS

Italian CME accreditation is valid for a maximum of 100 participants

### DURATION OF THE EVENT

1 hr

### LANGUAGE

Italian

### REGISTRATION

Registration is free of charge

### URL Uniform Resource Locator (IT), website address

<https://ecm.scientificseminars.it/>

## FACULTY

### Inflammation amplified: The impact of obesity on psoriasis pathophysiology and care

#### FAD SINCRONA

**DATA: 17 OTTOBRE 2026**

| COGNOME   | NOME      | RUOLO                       | LUOGO DI NASCITA                      | DATA DI NASCITA | CODICE FISCALE   | LAUREA                                                                           | SPECIALIZZAZIONE                                                                                                                                                                                         | CITTA'  | AFFILIAZIONE                                                                                                                                                                                               |
|-----------|-----------|-----------------------------|---------------------------------------|-----------------|------------------|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Amerio    | Paolo     | RESP.<br>SCIENTIFICO<br>REL | ROMA (RM)                             | 10/07/1969      | MRAPLA69L10H501B | 10/04/1995 - MEDICINA E<br>CHIRURGIA (Università: CHIETI<br>GABRIELE D'ANNUNZIO) | 1999 - Dermatologia e<br>Venereologia (Università degli<br>studi delle Marche di Ancona)<br>2003 - Dottore di Ricerca in<br>Dermatologia Oncologica (PhD)<br>(Università Cattolica del S.<br>Cuore Roma) | Chieti  | Direttore della Clinica Dermatologica<br>di Chieti, UOC Dermatologia<br>ASL2 Abruzzo Lanciano Vasto Chieti                                                                                                 |
| Megna     | Matteo    | REL                         | NAPOLI (NA)                           | 20/09/1986      | MGNMTT86P20F839M | 18/07/2011 - MEDICINA E<br>CHIRURGIA (Università: NAPOLI<br>FEDERICO II)         | 13/07/2017 - DERMATOLOGIA E<br>VENERELOGIA (NAPOLI<br>FEDERICO II)                                                                                                                                       | Napoli  | 2019 Dirigente medico UOC di<br>Dermatologia Clinica (Azienda<br>Ospedaliera Universitaria Federico II)<br>2025 Professore Associato - Malattie<br>Cutanee e Veneree (Università di<br>Napoli Federico II) |
| Piaserico | Stefano   | REL                         | MONTEBELL<br>UNA (TV)                 | 02/06/1972      | PSRSFN72H02F443J | 14/10/1997 - MEDICINA E<br>CHIRURGIA (Università:<br>PADOVA)                     | 10/12/2001 - DERMATOLOGIA E<br>VENERELOGIA (PADOVA)                                                                                                                                                      | Padova  | Dal 2020 Professore Associato presso<br>Università di Padova e Responsabile<br>del Centro di Riferimento Regionale<br>per la Psoriasi nella Regione Veneto.                                                |
| Prignano  | Francesca | REL                         | SICIGNANO<br>DEGLI<br>ALBURNI<br>(SA) | 22/06/1960      | PRGFNC60H62M253E | 14/04/1988 - MEDICINA E<br>CHIRURGIA (Università: FIRENZE)                       | 15/07/1992 - DERMATOLOGIA E<br>VENERELOGIA (FIRENZE)                                                                                                                                                     | Firenze | Professore Associato<br>Malattie cutanee e veneree<br>Dipartimento di Scienze della Salute<br>(DSS)                                                                                                        |

## PLAN

| Duration | Activity                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Faculty            |
|----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|
| 4 min    | Introduction of the live webinar's scientific topics                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Paolo Amerio       |
| 16 min   | <b>LO1: Recognize to support screening and diagnosis</b><br><b>Title:</b> Integrating Screening into Routine Dermatology Practice<br><b>Local focus:</b> Workflow, EHR, and system-level barriers to consistent screening<br><b>Example of case-based workflow:</b> <ul style="list-style-type: none"> <li>– Psoriasis visit with vs without BMI/waist circumference integration</li> <li>– Practical approaches to embedding screening into routine visits</li> <li>– Role of care team members and documentation strategies</li> <li>– Aligning screening with guideline recommendations</li> </ul>                                                                                                                                                                                                                                                  | Sefano Piaserico   |
| 16 min   | <b>LO2: Apply communication strategies</b><br><b>Title:</b> Initiating Weight Management Conversations in Psoriasis<br><b>Local focus:</b> Barriers to initiating conversations (e.g., time, training, patient perceptions)<br><b>Example of case-based workflow:</b> <ul style="list-style-type: none"> <li>– A 46-year-old patient with PASI 14 and BMI 33 with partial biologic response.</li> <li>– Selecting effective, patient-centered opening statements</li> <li>– Linking weight to treatment response in a non-stigmatizing way</li> <li>– Adapting communication to cultural norms and visit constraints</li> <li>– Fragmented care across multiple specialists with limited interprofessional communication</li> </ul>                                                                                                                    | Francesca Prignano |
| 16 min   | <b>LO3: Incorporate referral pathways</b><br><b>Title:</b> Referral Pathways and Multidisciplinary Care<br><b>Local focus:</b> Access, referral structures, and multidisciplinary collaboration challenges<br><b>Example of case-based workflow:</b> <ul style="list-style-type: none"> <li>– Patient with moderate-to-severe psoriasis and BMI 40 asking about weight management options</li> <li>– TOGETHER-PsA and TOGETHER-PsO trial results</li> <li>– Access barriers to anti-obesity medications</li> <li>– When to refer and to whom (e.g., obesity specialists, endocrinology, primary care)</li> <li>– Specialist-driven systems with limited dermatology-to-obesity medicine referral pathways</li> <li>– Framing referral as part of comprehensive psoriasis care</li> <li>– Coordinating care and setting patient expectations</li> </ul> | Matteo Megna       |
| 8 min    | Conclusive remarks and Q&A session                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Paolo Amerio       |