



UNIVERSITÀ
DEGLI STUDI
LINK

FOCUS ON **POSTERIOR INSTABILITY**

ROME
NOVEMBER 7TH
2026

PRESIDENTS:

A. Di Giunta
F. Franceschi
A. Romano

Professional Congress Organizer





SCIENTIFIC
MEETING
PROGRAM

FOCUS ON

POSTERIOR INSTABILITY

07.30 Registration
Registrazione

08.15 Welcome and Meeting Rationale
Benvenuto e rationale dell'incontro
A. Di Giunta, F. Franceschi, A. Romano

SESSION I ANATOMY, DIAGNOSIS AND BIOMECHANICS

08.40 Anatomy and biomechanics of the scapulothoracic joint
Anatomia e biomeccanica dell'articolazione scapolotoracica

08.47 Classification and diagnostic algorithm: which are the most appropriate examinations?
Classificazione e algoritmo diagnostico, quale sono gli esami più appropriati?

08.54 Clinical evaluation of the different forms of posterior instability
Valutazione clinica delle diverse forme di instabilità posteriore

09.01 Biomechanics in bipolar defects following posterior dislocation
Biomeccanica nei difetti bipolari dopo lussazione posteriore

09.08 Controversial clinical case - possible solutions?
Caso clinico controverso - possibili soluzioni?

09.13 Panel discussion with experts
Discussione con gli esperti

Comparative biomechanics
Biomeccanica comparativa

09.50 How biomechanics change by correcting the bony components
Come cambia la biomeccanica correggendo le componenti ossee

10.00 How biomechanics change by modifying musculotendinous force vectors
Come cambia la biomeccanica modificando i vettori di forza muscolo-tendinei

10.10 DISCUSSION
Discussione

SESSION II PATHOGENESIS AND SURGICAL TREATMENT IN A1-B1\A2-B2

10.30 A1-B1: Pathogenesis and treatment (Evidence-Based Medicine)
A1-B1: Patogenesi e trattamento (Medicina basata sulle evidenze)

10.37 Management of different forms of scapulothoracic dyskinesia
Gestione delle diverse forme di discinesia scapolotoracica

10.44 A2-B2: Pathogenesis and treatment (Evidence-Based Medicine)
A2-B2: Patogenesi e trattamento (Medicina basata sulle evidenze)

10.51 Treatment strategies and outcomes in Kim type IV lesions
Strategie terapeutiche e risultati nelle lesioni di tipo IV secondo Kim

10.58 Management of Reverse Bony Bankart with bone-block procedure
Gestione della Reverse Bony Bankart con procedura bone-block

11.05 Arthroscopic procedure in McLaughlin defect: subscapularis remplissage vs HSF
Procedura artroscopica nel difetto di McLaughlin: remplissage del sottoscapolare vs HSF

11.12 Controversial clinical case - possible solutions?
Caso clinico controverso - possibili soluzioni?

11.19 Panel discussion with experts
Discussione con gli esperti

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SESSION III

PATHOGENESIS AND SURGICAL TREATMENT IN C2

- 12.00 C2 posterior locked dislocation: treatment algorithm and EBM**
C2 lussazione posteriore bloccata: algoritmo terapeutico ed EBM
- 12.07 C2 chronic posterior locked dislocation: diagnostic alerts**
C2 lussazione posteriore bloccata cronica: segnali diagnostici
- 12.14 Treatment of acute reducible posterior locked dislocation**
Trattamento della lussazione posteriore bloccata acuta riducibile
- 12.21 Arthroscopic treatment of chronic irreducible posterior locked dislocation (Relive)**
Trattamento artroscopico della lussazione posteriore bloccata cronica irriducibile (Relive)
- 12.28 Open McLaughlin procedure in chronic irreducible posterior locked dislocation (Relive)**
Procedura di McLaughlin open nella lussazione posteriore bloccata cronica irriducibile (Relive)
- 12.35 Treatment with allograft or autograft (Relive)**
Trattamento con allotrapianto o autotrapianto (Relive)
- 12.42 Prosthetic treatment after posterior locked dislocation with glenoid defect - tips and tricks**
Trattamento protesico dopo lussazione posteriore bloccata con difetto glenoideo – tips and tricks
- 12.49 C2: Differences in postoperative rehabilitation - arthroscopic vs open procedures?**
C2: Differenze nella riabilitazione post-operatoria - procedure artroscopiche vs open?
- 12.56 Controversial clinical case - possible solutions?**
Caso clinico controverso - possibili soluzioni?
- 13.03 Panel discussion with experts**
Discussione con gli esperti
- 13.45 Lunch**

POSTERIOR INSTABILITY

SESSION IV

SESSION IV – PATHOGENESIS AND SURGICAL TREATMENT IN C1

- 14.30 C1 early chondral damage: pathogenesis and physiotherapy management**
C1 danno condrale precoce: patogenesi e gestione fisioterapica
- 14.37 C1 mild chondral damage in patients under 55: treatment algorithm (EBM)**
C1 danno condrale lieve nei pazienti sotto i 55 anni: algoritmo terapeutico (EBM)
- 14.44 C1 (MCD): Why and how I perform a PACS procedure**
C1 (MCD): Perché e come eseguo una procedura PACS
- 14.51 C1 (MCD): Why and how I perform a SCOPE procedure**
C1 (MCD): Perché e come eseguo una procedura SCOPE
- 14.58 C1 (MCD): Why and how I perform an AMTS procedure**
C1 (MCD): Perché e come eseguo una procedura AMTS
- 15.05 C1 (MCD): Why and how I perform a posterior bone-block procedure**
C1 (MCD): Perché e come eseguo una procedura di bone-block posteriore



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- 15.12 C1 severe chondral damage: arthrolysis - indications and results**
C1 danno condrale severo: artroliasi - indicazioni e risultati
- 15.19 C1 (SCD): Treatment in young patients - anatomic replacement or hemiarthroplasty?**
C1 (SCD): Trattamento nei pazienti giovani - sostituzione anatomica o emiartroroplastica?
- 15.26 C1 (SCD): Reverse shoulder arthroplasty in young patients - when, how and why**
C1 (SCD): Artroplastica inversa di spalla nei pazienti giovani - quando, come e perché
- 15.33 Controversial clinical case - possible solutions?**
Caso clinico controverso - possibili soluzioni?
- 15.38 Panel discussion with experts**
Discussione con gli esperti
- 16.30 How to organize consensus with the modified Delphi method**
Come organizzare la consensus con il metodo Delphi modificato
- 17.30 Closing Remarks and Test CME on line**
Conclusioni e Test ECM on line

SCIENTIFIC INFORMATION

INFORMATION TO THE FACULTY

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GENERAL INFORMATION

CONGRESS VENUE

Università degli Studi Link Roma

REGISTRATION FEES

Rates are VAT excluded

The registration fee includes:

- Access to scientific sessions and to the exhibition
- CME
- Congress kit
- Certificate of attendance



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FOCUS ON POSTERIOR INSTABILITY

Rome, november 7th 2026

Presidents:

A. Di Giunta, F. Franceschi, A. Romano

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