

CONGRESS LINE

Via Valsugana, 34 • 00141 Roma
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Second International Congress on Sports Cardiology and Preventive Cardiovascular Medicine SPORT & HEART

... from science to clinical practice...

Roma 19/11/2026 - 21/11/2026

**Rome Eventi Piazza di Spagna
Responsabile Scientifico: Luigi Sciarra**

Segreteria Organizzativa e Provider
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PROVIDER STANDARD ECM 2477

19 Novembre 2026

13.00 Registration

14.00-15.30 SYMPOSIUM - Diagnostics in Sports cardiology - part 1

Chair: M.R. Squeo, F. Brancati, A. Russo

14.00 ECG monitoring devices in Sports cardiology
A. Borrelli

14.15 Echocardiogram in the sportsman: all clear?
A. D'Andrea

14.30 Genetic testing in sports cardiology: why and when
A. Anwar Chahal

14.45 The Exercise Stress Test: Outdated Technique or Revived Role in Sports Cardiology?
G. Patrizi

15.00 Round Table
V. Montemurro, S. Romano A. Curcio, S. Nodari

16.00 Break

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16.30 LECTURE

Myocarditis in sports cardiology: what we need to know

G. Sinagra

Introduces L. Sciarra

17.00-18.15 SYMPOSIUM - Hot Topics in Sports cardiology -part 1

Chair: G. Frati, V. Palmieri, S. Sciarretta

17.00 The paralympic athlete in the third millennium

M. Bernardi

17.15 trial fibrillation in master athletes: a complex relationship?

A. Scarà

17.30 Artificial intelligence in Sports Cardiology: between present and future

S. Palmeri

17.45 Discussion

18.15-19.30 SYMPOSIUM - Lessons from clinical practice

Chair H. Seligman, P. Adami, U. Berrettini

18.15 Bicuspid aortic valve and sport

L. Fusco

18.25 Subcutaneous ICD and Sport

M. Nesti

18.35 Cardiac remodelling: the "Olympic athlete".

G. Di Gioia

18.45 Exercise in cardio-oncology

A. Romeo

18.55 Athlete with mitral valve prolapse

L. Buzzelli

19.05 Comments and round table

E. Guerra, F. Zanin, A. D'Adamo, S. Lino

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20 Novembre 2026

09.00-10.30 SYMPOSIUM - Dilemmas in Sports Cardiology

Chair: G. Bagliani, R. Della Bona, M. Penco

09.00 Physiological or pathological hypertrophy: how to orientate?

A. Pelliccia

09.15 Brugada Syndrome and Brugada sign are synonymous? How to stratify the risk in the sportsman?

A. Scarà

09.30 Secondary prevention of sudden death in athletes: state of the art

V. Castelli

09.45 Non ischaemic/non dilated cardiomyopathy or left ventricular non-ischaemic scar?

A. Zorzi

10.00 Discussion

10.30 Welcome messages and opening of the congress

11.00 Break

11.30 LECTURE

Congenital anomalies of coronary arteries: why to know them

P. Zeppilli

Introduces M. Bianco

12.00-13.30 SYMPOSIUM - Drugs and risk reduction in sportsmen: an update - part 1

Chair: C. Ferri, D. Vizza, L. Mos

12.00 Antihypertensive therapy and physical activity

S. Romano

12.15 Dyslipidaemia: between diet, nutraceuticals, drugs and physical activity

M. Piepoli

12.30 Obesity: how to manage?...about drugs, surgery and physical activity

R. Petroni

12.45 Diabetes and Sport: what to do?

M. Baroni

13.00 Discussion

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13.30-15.00 LUNCHEON PANEL Technology in Sports cardiology

Chair: L. Calò, G. Paparella, L. Capulzini

13.30 Telemedicine: fact or myth
M. Bocchino

13.45 Haemodynamic forces: a novel insight into the athlete's heart
V. Maestrini

14.00 The new era of subcutaneous ICD in active patients
J. Ramos

14.15 Remote monitoring of implantable devices in physically active subjects
L. Santini

14.30 Discussion
G. Spiriti, M. De Maio

15.00-16.30 SYMPOSIUM - Pre-participation screening in the third millenium

Chair L. Sciarra, M. Scorcu, M. Halle

15.00 Possible pitfalls of universal ECG screening in Sport
A. Baggish

15.15 Forty-five years of screening: the Italian experience
A. Biffi

15.30 Sudden cardiac arrest: insights from a video analysis
J. Drezner

15.45 Single or serial evaluation in young athletes?
M. Papadakis

16.00 Discussion and round table
G. Meringolo, F. Zanin, G. Riccardi

16.30 Break

17.00 LECTURE

Arrhythmogenic cardiomyopathy: what we learnt and what we have to learn

D. Corrado
Introduces L. Sciarra, A. Zorzi

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17.30-19.00 SYMPOSIUM Exercise prescription in cardiovascular medicine

Chair: S. Romano, I. Porto, F. Cecchi

17.30 Ischaemic heart disease and sudden death prevention in Sport

S. Sharma

17.45 Exercise prescription in hypertrophic cardiomyopathy: why, how and when?

F. D'Ascenzi

18.00 Arrhythmogenic cardiomyopathy: is there a space for exercise?

G. Finocchiaro

18.15 Heart failure: embedding drugs and exercise

M. Halle

18.30 Discussion and round table

L. Cavigli, A. Bina, Z. Palamà

21 Novembre 2026

09.00-10.30 SYMPOSIUM - Sport, arrhythmias and electrophysiology

Chair A. Pernat, A. Dello Russo, R. De Ponti

09.00 Electrophysiological study and electroanatomical mapping in the sportsman: when, how and why?

P. Compagnucci

09.15 Atrial fibrillation ablation in the young: the PFA scenario

A. Borrelli

09.30 The wearable cardioverter defibrillator: results of a European Heart Rhythm Association Survey

F. Migliore

09.45 Are all non ischaemic left ventricular scar at high risk in athletes? Can we identify the arrhythmogenic ones?

F. Ricci

10.00 Discussion

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10.30 LECTURE

The Long QT syndrome

P. Schwartz

Introduces: L. Sciarra

11.00 Break

11.30-13.15 SYMPOSIUM - Sports Cardiology: old and new issues

Chair G. Di Pasquale, S. Gallina, A.V. Mattioli

11.30 Early repolarization: benign feature of the athlete's heart or malign predictor

F. Quattrini

11.45 The right ventricle in sports cardiology from physiology to patho physiology

B. Bauce

12.00 Mitral valve prolapse: innocent finding or sudden death predictor?

M. Perazzolo Marra

12.15 Ventricular premature beats in athletes: how to orientate?

L. Sciarra

12.30 The female athlete's heart: facts and fallacies

E. Cavarretta

12.45 Discussion

13.15-14.30 LUNCHEON PANEL - Drugs and risk reduction in sportsmen: an update - part 2

Chair R. Pescatori, G. Catena

13.15 Smoke in sport: all clear?

G. De Masi De Luca

13.30 New drugs in myocardial diseases: their impact in real life

B. Musumeci

13.45 Inappropriate sinus tachycardia in sportsmen: is there a role for nutraceuticals?

L. Pignalosa

14.00 Discussion

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14.30-16.00 SYMPOSIUM - Diagnostics in Sports Cardiology - part 2

Chair M. Francone, E. Di Cesare, M. Casella

14.30 Coronary CT scan

D. Andreini

14.45 Cardiac magnetic resonance imaging

M. Di Roma

15.00 Between athlete's heart and dilated cardiomyopathies: insights from imaging and
Cardiopulmonary exercise testing

F. Schnell

15.15 Asymptomatic athletes with ventricular preexcitation: ablation for everyone? how to stratify the risk?

A.G. Robles

15.30 Discussion

16.00-17.30 SYMPOSIUM - Hot topics in Sport Cardiology - part 2

Chair M. Santomauro, V. Panoulas, E. Barbato

16.00 Pacemakers, implantable defibrillators and sport

F. Giada

16.15 Patent foramen ovalis: when to close it

G. Ussia

16.30 Aortic valve diseases in Sports Cardiology: how to manage?

S. Caselli

16.45 Long-term sport practise, bradycardia and pacemaker implantation: is there a relationship?

S. Bondarev

17.00 Myocardial bridging: innocent finding or dangerous condition?

D. D'Amario

17.15 Discussion

17.30 Congress Closing

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