



Pre-Congress Masterclass

Outpatient Groin Hernia Surgery: Appropriateness, Safety, Sustainability, and Pathway Implementation

Thursday, 1 October 2026

Venue	Auditorium MIC (International Museum of Ceramics), Viale Baccarini 19 - Faenza
Time	14:00-16:00
Format	Interactive course with case discussions, checklists, and operational pathways
ECM 496051	Accredited for: Medical doctor (General surgery, Plastic surgery), Nurse. Number of credits: 2,6

Rationale: Outpatient inguinal hernia surgery represents a concrete solution to the need to balance clinical appropriateness, patient safety, reduced hospitalisation, organisational sustainability, and resource optimisation. The course addresses this topic not merely as a reduction in the care setting, but as a selective, structured, and measurable pathway.

Expected learning outcomes: Participants will be able to define patient-selection criteria, distinguish the appropriate care setting, design a standardised perioperative pathway, identify minimum organisational requirements, and select relevant quality and safety indicators.

Learning Objectives:

- Define clinical, anesthetic, and social selection criteria.
- Distinguish between outpatient surgery, day surgery, and inpatient admission.
- Standardise the preoperative, intraoperative, and postoperative pathway.
- Analyse organisational and economic implications.
- Identify relevant quality and safety indicators.

Registration: Attendance is limited to 20 participants including surgeons, anesthetists, operating room nurses, perioperative pathway professionals, and organizational coordinators. Advance registration is mandatory. Registration deadline: 20/09/2026 - <https://forms.gle/u5obbP3RqDyvNCrH6>

Programme:

- 14:00** Welcome, course objectives and introductory remarks
- 14:10** Why outpatient groin hernia surgery now? Clinical rationale and appropriateness of care setting
- 14:25** From referral to discharge: patient selection, preoperative assessment, operating room pathway, recovery and follow-up - *Including case discussion and selection checklist*
- 14:50** Surgical technique and anaesthetic strategy - *Standardisation, local or regional anaesthesia, sedation, analgesia and discharge readiness*
- 15:15** Economic and organisational sustainability - *Volumes, dedicated operating lists, turnover, resources and minimum implementation requirements*
- 15:30** Interactive implementation workshop - *Case-based decisions, pathway checklist, safety indicators and barriers to implementation*
- 15:50** Take-home messages and closing remarks

Faculty:

- *Course Chairs:* D. Cavaliere, G. Giraudo, E. Bigi
- *Organisational Management:* M. Tanzanu, M.C. Prudentino, S. Montefiori
- *Surgical Technique and Anesthesia:* S. Pellegrini, M. Meglio
- *Economic sustainability:* R. Respigo

Registration:

