

PROGETTO EDUCATIVO NAZIONALE POST EASD COMPASS

Bari 26-27 Novembre 2026

Nicolaus Hotel

Chair: Francesco Giorgino

PROVIDER: Centro Italiano Congressi CIC Sud

ID PROVIDER: 1833

ID EVENTO: 496310

EDIZIONE: 1

OBIETTIVO FORMATIVO: 3 - Documentazione clinica. Percorsi clinico-assistenziali diagnostici e riabilitativi, profili di assistenza - profili di cura

N. CREDITI: 6,30

Rationale

The annual meeting of the European Association for the Study of Diabetes (EASD) is the leading international forum for presenting the latest advances in diabetes, obesity, and metabolic disease research. Each year, the congress provides healthcare professionals with updated evidence on disease pathophysiology, innovative therapeutic approaches, and strategies aimed at improving clinical outcomes and quality of care.

The **Post EASD COMPASS** meeting has been designed to translate the most relevant scientific highlights from the EASD Congress into clinical practice. Through lectures delivered by internationally recognized experts and interactive discussions with Italian specialists, participants will critically review the latest evidence on the management of type 2 diabetes and obesity, with particular emphasis on emerging therapeutic paradigms and their practical implementation.

The scientific program focuses on topics of major clinical relevance, including patient-centred obesity management, the clinical impact of high-dose injectable and oral semaglutide, the evolving role of GLP-1 receptor agonists as potential disease-modifying therapies, and strategies to further reduce the burden of diabetes-related complications. Dedicated sessions will also explore the emerging biology of amylin, the rationale for amylin receptor agonism, and the therapeutic potential of next-generation multi-receptor agonists, highlighting opportunities for a more personalized approach to the treatment of diabetes and obesity.

In addition to plenary lectures, the meeting features highly interactive workshop sessions designed to foster multidisciplinary discussion, peer-to-peer exchange, and the application of current evidence to real-world clinical practice. This educational format encourages active participation and facilitates the integration of recent scientific advances into everyday patient care.

Overall, the meeting aims to provide clinicians with a comprehensive and up-to-date overview of the latest developments in metabolic medicine, supporting evidence-based decision-making and promoting individualized therapeutic strategies that improve long-term outcomes for people living with diabetes and obesity.

26 November - Afternoon

14:30 - 14:40 - Welcome and introduction to day 1

Obesity management through different lenses

14:40 - 15:00 - Focusing on outcomes that matter to people with excess weight

Arya M. Sharma

15:00 - 15:20 - Magnitude and quality of weight loss with high-dose injectable and oral semaglutide

Caterina Conte

15:20 - 15:50 - Discussion of the topics addressed

15:50 - 16:20 - Coffee break

The implementation imperative in type 2 diabetes care

16:20 - 16:40 - GLP-1 RA as disease-modifier: the earlier, the better?

Kamlesh Kunthi

16:40 - 17:00 - Closing the gap between metabolic control and complications in T2D: what's next
With semaglutide?

Dario Tuccinardi

17:00 - 17:30 - Discussion of the topics addressed

17:30 - 18:30 - Workshop (11 tables/11 IT tutors + International KOLs)

Diabetes: **Stefano Ciardullo, Luisa Baranà, Miriam Longo, Irene Caruso, Massimiliano Anzaldi, Mariella Baldassarre**

Obesity: **Cristiano Nino Chilelli, Carla Greco, Bettini Silvia, Ludovico Di Gioia, Samperi Irene**

18:30 - 19:30 - Discussion of the topics addressed and closing remarks

27 November - Morning

08:45 - 09:00 - Welcome and introduction to day 2

09:00 - 10:20 - Workshop (11 tables / 11 IT tutors + International KOLs)

Diabetes: **Stefano Ciardullo, Luisa Baranà, Longo Miriam, Irene Caruso, Massimiliano Anzaldi, Mariella Baldassarre**

Obesity: **Cristiano Nino Chilelli, Carla Greco, Bettini Silvia, Ludovico Di Gioia, Samperi Irene**

10:20-10:45 - Amilyn taste contest (11 tables / 11 IT tutors + International KOLs)

Diabetes: **Stefano Ciardullo, Luisa Baranà, Longo Miriam, Irene Caruso, Massimiliano Anzaldi, Mariella Baldassarre**

Obesity: **Cristiano Nino Chilelli, Carla Greco, Bettini Silvia, Ludovico Di Gioia, Samperi Irene**

10:45 - 11:00 - Coffee break

The evolving understanding of amylin biology

11:00 - 11:20 - The complementary and distinct biological effects of amylin and GLP-1

Domenico Tricò

11:20 - 11:40 - Translating the key mechanistic and preclinical evidence of amylin receptor agonism

Luigi Laviola

11:40 – 12.10 – Discussion of the topics addressed

The therapeutic potential of multiple receptor agonists in diabetes and obesity

12.10- 12:30 - The value of complementing GLP-1

Teresa Mezza

12:30 - 12:50 - The opportunity for a personalized approach in diabetes and obesity

Julio Rosenstock

12:50 - 13:40 – Discussion of the topics addressed

13:40 – 14:00 - Closing remarks

ACRONIMI

- ☐ **GLP-1** = Glucagon-Like Peptide-1
- ☐ **GLP-1 RA** = Glucagon-Like Peptide-1 Receptor Agonist(s)
- ☐ **T2D** = Type 2 Diabetes
- ☐ **IT** = Italian / Information Technology (*dipende dal contesto: nel tuo programma "11 IT tutors" sembra riferirsi agli Italian tutors*)
- ☐ **KOL** = Key Opinion Leader
- ☐ **RA** = Receptor Agonist
- ☐ **Amylin** = non è un acronimo; è l'ormone **amylin** (amilina)

Cognome e nome	LAUREA	Specializzazione	AFFILIAZIONE
Conte Caterina	MEDICINA E CHIRURGIA	MEDICINA INTERNA	Professore ordinario, settore scientifico-disciplinare MEDS-05/A (già MED/09) Medicina Interna Università Telematica San Raffaele Roma
Khunti Kamlesh	MEDICINA E CHIRURGIA	Diabetes and Vascular Medicine	Professor of Primary Care Diabetes and Vascular Medicine - University of Leicester (UK)
Laviola Luigi	MEDICINA E CHIRURGIA	ENDOCRINOLOGIA E MALATTIE DEL RICAMBIO	RICERCATORE UNIVERSITARIO IN ENDOCRINOLOGIA SEZIONE DI MEDICINA INTERNA, ENDOCRINOLOGIA, ANDROLOGIA E MALATTIE METABOLICHE DIPARTIMENTO EMERGENZA E TRAPIANTI D'ORGANO UNIVERSITA' DEGLI STUDI DI BARI
Mezza Teresa	MEDICINA E CHIRURGIA	Endocrinologia e Malattie del Metabolismo	Specialista Diabetologo - Endocrinologo Contrattista presso Fondazione Policlinico Universitario A. Gemelli Roma
Rosenstock Julio	MEDICINA E CHIRURGIA	Endocrinologia e Diabetologia	Director of the Dallas Diabetes Research Center at Medical City, and Clinical Professor of Medicine at the University of Texas Southwestern Medical Center, Dallas.
Sharma Arya M	MEDICINA E CHIRURGIA	Endocrinologia e Diabetologia	Professor Emeritus of Medicine & Past-Chair in Obesity Research and Management at the University of Alberta, Edmonton, Canada. He is also the Past-Clinical Co-Chair of the Alberta Health Services Obesity Program.
Tricò Domenico	MEDICINA E CHIRURGIA	Medicina Interna	Professore Associato di Medicina Interna, dipartimento di medicina Clinica e Sperimentale, Università di Pisa
Tuccinardi Dario	MEDICINA E CHIRURGIA	Endocrinologia e Diabetologia	Medico Endocrinologia e Diabetologia e Centro Check-up Ricercatore universitario - Policlinico Universitario Campus Bio-Medico, Roma